Low Weight Births / Infant Mortality

Crater Health District Programs

Maternal and Child Health Nutrition

- Registered Dietician is available for counseling at the Prince George Health Department maternity clinic.
- R.D. counsels all prenatal clients attending maternity clinic about the importance of healthy eating during pregnancy.
- Pregnant women who are overweight or underweight and/or have inadequate weight gain are targeted for intensive nutritional counseling and follow up on a more frequent basis.
- Nutritionist helps eligible clients complete the <u>Women, Infants, and Children (WIC)</u> program certification.

Women, Infants, and Children Supplemental Feeding Program

- Provides supplemental food to children from birth to age 5 years and to pregnant and breastfeeding women.
- Eligibilty is based on financial need as well as medical and/or nutritional need.

Prince George Health Department

 Provides comprehensive prenatal care including periodic physical exams, lab testing, assessment of weight and blood pressure, and nutritional counseling.